



Glory in the Pinnacles Sunshine!

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Next meeting: **Monday, January 8th 2018!**
7:00 PM, Lincoln High School

Back to our beloved Room 169

Things To Know

IF YOU JOINED BEFORE OCTOBER 1ST, YOU NEED TO PAY DUES AT THE UPCOMING MEETING

Dues are for old members only, and are **\$200**. Please bring the check, made out to Post 58 to MASON SNIDER at the upcoming meeting. For each month that dues are tardy the cost will increase by \$10. Any dues submitted after the Monday meeting (by mail for instance) must be for \$210. (If you pay by Paypal please add \$8 Paypal fee.) We love it when you just bring us a check!

Please Mark these dates!

Please make sure these dates are marked in pen on your family calendar. There are no makeup dates or opportunities for these events.

Snow school and the field day are prerequisites for doing any of the summer climbs. At each General Meeting we will be covering a different topic essential in developing your skills and knowledge before the mountain climbs we have scheduled.

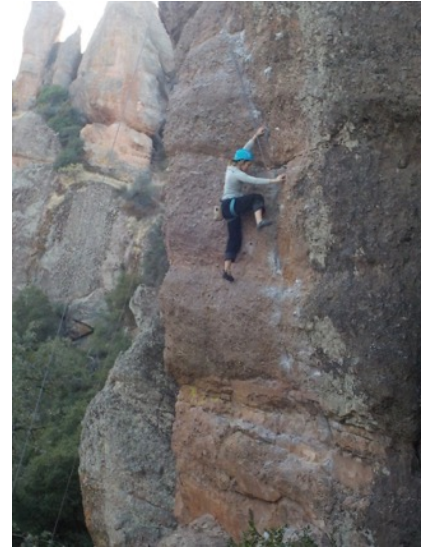
- January 8: General Meeting. Avalanche Safety
- February 12: General Meeting.
- March 12: General Meeting. Climb Sign ups
- April 9: General Meeting
- May 12: Snow School at Mt. Hood. Mandatory- no makeup available
- May 14: General Meeting
- May 31: Field Day. Portland Heights Park 5-8 p.m.

Post receives Grant to help with Financial Aid

Post 58 received a large grant from the Lamb Foundation last month targeted at helping students afford trips that the Post offers. “Even though our adventures are generally run at or near cost, and they are the least expensive anywhere, they are not free,” said Post Director Peter Green following the announcement. “It’s important that we make our trips accessible to everyone, regardless of their family’s available resources.” The grant will help pay for individual financial aid requests that are based on family need, as well as for some gear that would normally be too expensive and to defray trip costs in an effort to keep general trip costs low. This is the fourth foundation grant the Post has received in the last year.

A week of warm sunshine at Pinnacles

The largest Post group ever to travel on an out of state destination enjoyed a glorious week in the California sunshine this past December. Students rode down in three vans and a pickup truck on their journey to the historic rock climbing destination of Pinnacles National Park. Starting on Sunday the 17th the group set up bold leads and top ropes along Discovery Wall just above Bear Gulch. The next three days the team of 36 Post members and advisors split into smaller groups and travelled to legendary Pinnacles sites like the High Peaks, Chockstone Dome, Dos Equis, Dragonfly Dome, the Monolith and Tuff Dome. On the final day before jumping in the vans for the drive back north the group went up to the reservoir and watched Kyle swim in the questionable water. Everyone made a journey through the caves that day as well.



In its 24 year history the Post has never fielded such a large group. Eight advisors worked with 28 students—20 of whom joined the Post just in October. The trip leaders who managed to wrangle the group were Stella Augustine and Sonja Johanson. In the words of one of the new students, the trip was “great.”

Speaker of the Month

Paul Taylor, our very own advisor and professional mountain guide, will be talking about avalanche safety with us. Paul does work for the Northwest Avalanche Center and is outstanding speaker and very knowledgeable on the topic. He will address issues such as the causes of avalanches, ways to predict the likelihood of their occurrence, and ways to avoid being caught in one.



Bring \$10 to buy the Climber's Bible!

By special arrangement the Post has acquired a limited number of brand new copies of the 8th edition of *Freedom of the hills*, the essential rock and mountain climbing handbook. AND we are selling them to students for only \$10. These are the 8th edition (the 9th edition just came out in October,

which is why we are able to sell these at \$10 instead of the REI/Powells price of \$30). FOTH is the bible of mountaineering and we hope every student will have a copy and use it as a constant reference. Bring a crisp \$10 bill to the meeting or go to Powells and buy one for \$30.

NEW SHIPMENT OF POST T-SHIRTS IS IN

WE HAVE NEW SHIRTS IN ALL SIZES ALL COLORS AVAILABLE AT THE MEETING ——— ONLY \$15

Upcoming Events

Spring Break Trips (more than one!)

The Post will offer two Spring Break trips this year. If we get more students signing up than we have space, we will have some sort of lottery to determine who gets to go. Send Peter an email indicating your interest via email after talking to your parents by Wednesday January 10th.

Climbing at Red Rocks: March 24 – April 1, 2018



Join us for a week of climbing in the sun on the sandstone of Red Rocks Canyon! We will travel by rental van from Portland to Las Vegas, Nevada and to the Red Rocks Canyon campground a few miles outside of the city. The drive takes two days. The group will climb for five days on various single pitch and some multi-pitch climbs. Each evening the group will reassemble at the campground where stories will be swapped and dinner prepared by teams of students and advisors. Students who have completed the Post Leading on Rock course may have an opportunity to lead.

The trip will be led by Jack Lazar and five other Post advisors and is open to Post

students who have completed Rock School with the Post (either at Smith Rock in October or earlier, or at Pinnacles in December).

Trip cost: \$295 and includes all transportation, group equipment, camping and food.

Sailing in the San Juans: March 24 – March 28, 2018

The Post is going sailing! Join us for this legendary trip as our group of ten students and two advisors sail a 51 foot Sloop through the beautiful San Jaun Islands of Washington. We will sail from island to island, stopping occasionally to explore remote and uninhabited smaller islands along the way. The students will do almost all of the sailing (under the watchful eye of an experienced round-the-world sailor and skipper) as we navigate the incredible archipelago using only the wind to determine our actual course each day.



The trip is open to all Post members, and will be led by Peter Green and Captain Dave Cannard.

Trip cost: \$425 and includes food, transportation, staffing, and the sailboat!

Climb-a-lot: February 25th

Mark your calendars for the annual Post Climbathon! It is **Sunday February 25th** at Portland Rock Gym! It is **VERY IMPORTANT** that all Post members attend. At the February meeting you will receive pledge sheets. After that day, you will want to ask your friends/family/anyone for pledges. This is basically them supporting you by giving a certain amount of money for every climb you do at PRG on the 25th. When you get to PRG on Sunday the 25th, you are gonna try to climb all the routes you can! This does not count as your required fundraiser for the year **BUT** it's sooo fun that it'll be the best time of your life. Every together climbing!

Experience ICE

Climb night will be a little different this month...

On Sunday, January 21st, we will be ICE CLIMBING at the Mazamas center in SE Portland. The Mazamas have a splendid indoor ice wall that they are graciously letting us use. We will meet at OMC (Oregon Mountain Community) at 4:30 to pick up our rental boots and crampons before heading over to the Mazamas. This is a very unique opportunity, as there is typically not much ice in Portland, and when there is, disaster usually strikes.

Hike of the Month

Julia and Teddy will be leading the hike of the month on January 15th, which is Martin Luther King Junior day. Fittingly, the hike will be King mountain, a 10.8 mile loop with 3700 feet of elevation gain in the Tillamook State forest. I look forward to seeing you there!

Fundraiser

Munchies at Prana for all to eat! This month we will be holding a bake sale to gather some \$\$\$ cash \$\$\$ to support the Post

Who: Us Human Beings

What: Baking (not the sinful kind)

Where: Prana on NE 23rd

When: 10:00 AM - 4:00 PM Saturday, January 20th

Why: To support the post, to get out there and talk to real people, to make new friends, to hang with your old friends, and simply enjoy life!

Service

As a part of Martin Luther King Jr. Weekend of Service we will be removing invasive species from Tryon Creek State park for the monthly Post service trip. It will be on Saturday January 13 from 9:00 to 12:00, and gloves and tools will be provided!

In the News

Nepal bans blind people and double amputees from climbing Everest

Tourist board criticised for new regulations, which also prohibit solo ascents with the aim of reducing the number of accidents



Six people died this year trying to reach the summit of Everest, while 648 people succeeded.
Photograph: Tashi Sherpa/AP

By Michael Safi

Solo climbers, blind people and double amputees have been banned from climbing Everest under new rules the Nepalese tourism ministry believes will reduce the number of deaths on the mountain.

The changes have provoked criticism from the US ambassador to Nepal and a former Gurkha soldier planning to scale the peak after losing both legs in Afghanistan. The new rules have been under discussion for a month and were implemented this week, Nepalese officials told the Himalayan Times.

Individual climbers will need to be accompanied by a mountain guide, and high-altitude workers who accompany expeditions to the summit are eligible to receive summit certificates under the revised regulations.

A suggested upper age limit of 76 for climbers – which Nepalese alpine associations had lobbied for after the death of an 85-year-old climber in May – has not been implemented, but the government maintained the ban on climbers under 16.

Everest once attracted only elite climbers, but as the relative cost of scaling the peak has fallen the mountain has drawn record numbers of aspiring mountaineers, including many from China and India.

Experienced climbers have raised concern that the mountain is becoming dangerously overcrowded and that new companies with lower safety standards have rushed to fill demand in the market.

The Nepalese government tightens the eligibility criteria for permits to scale the 8,848m (29,029ft) peak from the Nepal side before each spring climbing season, but enforcement is patchy and rules are frequently overlooked.

One veteran climber, Alan Arnette, said the ban on amputee and visually impaired climbers was prejudiced, ignorant and irrational. “If this is about protecting people from their own ambitions, then over half of the annual climbers should be banned each year as they lack the experience to safely climb Everest,” he wrote on his blog.

“And where does this stop – people with asthma, diabetes, hemophiliacs or cancer? All of these have recently successfully summited Everest with no problems.”

According to the Himalayan Database, 29 people with disabilities have attempted to climb Everest, and 15 have reached the top. Two – Phur Yemba Sherpa in 2014 and Thomas Weber in 2006 – died on the mountain.

Another 288 non-disabled people have died on Everest from 8,306 attempts since 1953. Six people died this year, and 648 reached the summit, the second-highest for a single climbing season. Around 237 climbed from the Tibetan side.

The new rules were criticised by Hari Budha Magar, a Gurkha soldier who lost both legs in an explosion in Afghanistan and is training to become the first above-knee double amputee to climb Everest.

“Nepal should be proud of me, not banning me,” he wrote on Facebook. “I will be climbing Everest whatever the cabinet decides. Nothing Is Impossible.”

The ban was also criticised by the US ambassador to Nepal, Alaina B Teplitz, who tweeted: “Ability not perceived ‘disability’ must guide rules on who can trek Everest.

“Climbers like Hari Budha Magar shouldn’t be banned because of false assumptions about capabilities. Accessible tourism for ALL will make it clear that Nepal welcomes everyone!”