



Above image: Post logo, signifies that this is the newsletter.

Right image: Maggie Craven climbing Photographer's Delight, a 5.13D at Pinnacles last December.

To learn more about the Pinnacles trip, look to page 2!

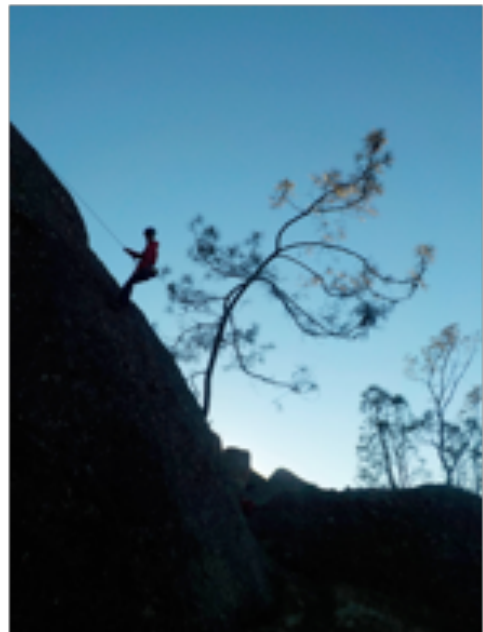
Next meeting: Monday, November 13th 2017
7:00 PM, Lincoln High School

**NOTE: The meeting will be in the
Cafeteria, NOT room 169**

Important Upcoming Trips:

The Post is going rock climbing in California next month!

You can come with us! Are you tired of the Oregon rain this winter? Not yet? You will be. The annual Post rock climbing pilgrimage to the sunshine of California is set for December 16-21. We'll travel down I-5, past San Francisco and to Pinnacles National Park where warm and sunny days await our arrival. Pinnacles is an historic rock climbing area, where Yosemite climbers would spend their winters before the advent of rock indoor rock gyms in the 1990s. It is also where Chris Sharma got his start as a rock climber. The huge park is characterized by rock pinnacles 20-80 feet in height. Most of them are named and have intriguing and sporty routes to their summits. If you want to join us, the cost of the six day trip, including food, transportation, gear and camping is \$245. Students were mailed interest sheets last week, and should bring those to the meeting on November 13th.



Once in a lifetime chance: High Mountain Climbing in Peru with the Post

Once or twice during our teenage years an opportunity comes our way, one that could change our perspective on the world and our place in it. Sometimes these chances to explore new horizons, to step outside our accustomed zone of comfort, are obviously something we should go for. And sometimes they are a little bit intimidating, and it seems less risky to stay in town, maybe think about getting a job, and spending more time with the dog. Well, here it is. The ship is pulling up to the pier and it's your moment to think about whether you want to get on board.

Next July the Post will be offering a trip to Peru! It's an opportunity to trek, climb and explore a new culture with your own friends. The trip is being led by Peter Green. Ian Wayne and Sarah Wolf, and the plan is to fly to Lima on July 5th, and after a few days in the town of Huaraz, head out on a ten day trek through the Cordillera Huayhuash. Students will carry just small and light daypacks, with the

rest of the gear being carried by donkeys! The group will cross high passes and see some of the most spectacular mountains in the world—many over 21,000 feet in height. This is the scene of Joe Simpson’s *Touching the Void* book. For the last four days of the trip the group will attempt an ascent of Nevado Pisco—dramatic and high peak in the Cordillera Blanca. The climb is moderately difficult, but not very technical.



Students must have completed four mountain climbs before the July departure date. All students are eligible for the trip, and may use climbs yet-to-be-completed to qualify. The cost for the 18 day trip includes all land costs (except some meals in Huaraz) and is \$1995. Air flights will be arranged by the Post,

but families may use accumulated “miles”, or otherwise purchase tickets on their own. The current flight cost to Lima on those dates ranges from \$650 -950 depending on the airline. Interested students should send an email to Peter Green at peterfgreen@comcast.net.

Things To Know

Speaker of the Month: This month’s speaker is our very own Katie Lei, who has been one of our advisers for years. Katie will recount her journey on the Pacific Crest Trail, which spans the distance from Mexico to Canada along the West Coast.

Please welcome our **75 NEW MEMBERS** and to Post 58! Below are the students who joined the Post following the October 9th new member meeting. I'm sure there are a few you know, and probably a few more new members you don't know, so make sure to visit with some of both.

Kendall Accetta
Bergin Altenhofen
Jane Andersen
Zoe Ansbro
jake Augustine
Isabella Baird
Lena Balderas
Kyla Becker
Aubrey Benson
Elsie Rae Blackbird
Eric Boone
Jack Bride
Ace Burton
Sarah Campbell
Connor Campbell
Henry Cannan
Gino Cicerone
Lily Conway
Susan Cook
Gregory Cowles
Erin Craig
Olivia Cull
Phoebe Diamond
Cecilia Eddie
Avery Edwards
Alli Eroh
Cole Faling
Madison Fassiotto
Rachel Feiner
Lila Fenner
Nina Fletcher
Uma Frost-Hausman
Jason Gehring

Dublin Gingerich
Max Glynn
Norah Glynn
Claire Haats
Ana Hafley
Dyer Healy
Claes James
Jalen Javurek
Ella Jeffreys
Sylvie Johnson
Cyrus Kagan
Thomas Kallgren
Saylor Kirk
Colin Klein
Izabella Klosterman
Jake Krisky
Isabel Kristensen
Hannah Lasky
Cyrian Le Breton
Luciana Lenth
Phoebe Levine
Dylan Lian
Stuart Lidberg
Isabel Lickey
Ryleigh Macdonald
Max Mann
Megan McVeigh
Norris Meigs
Shea Murphy
Liam Myers
Lucy Nelson
Ada Novak
Alma Nye

Andres Olavarrieta
Sofia Padura
Aria Pearson
Alex Peterson
Evan Porter
Claire Powell
Guido Rahr
Jackson Schroeder
Jasmine Scribner
Tai Sherman
Liam Snow
Catherine Surbaugh
Julia Tai
Peter Tooley
Isabelle Torch
Olivia Walsh
Kikan Weasel
Abby Weeks
Emma Wetsel
Mia Yerton

NEW ADVISORS

Paul Matson
Kellie Beck
Raven Cashen
Carter Nelosn
Jerrine Wong
Maya Seidel
Niles Ramseyer
Chris Moak
Haley Moak

Post breaks all-time Bake Sale Record!

A new milestone was reached in Post history on Sunday October 22 when the bakesale fundraising team, led by Sebastien Franks and Eric Belden brought in \$500.32 in a single bakesale! The event was held at the Prana store along N.W. 23rd Avenue, and featured large cookies, brownies, and coffee (donated by the Beldens). The previous record was set in 2012 at REI by a team that included current advisor Kaillisti Kenaley-Lundberg and President Mia Hamacher's brother Nicola.

T-Shirts: Get them at this meeting. T-shirts are \$15, we have a number of extra larges left. If you aren't quite extra large, you could ask your Dad if he wants one.



Reuben Field, wearing his **favorite Post 58 T-shirt**, gets to meet his idol Chris Sharma while on a trip to climb Ingalls Peak in the North Cascades. What a great day to be Reuben!

Upcoming Events:

Climb Night: Calling all climbers! There will be a climb night at the Circuit from 7-9 on Saturday, November 25th. It will be held at the northeast Circuit Bouldering Gym, and all first timers get **50% OFF!**

Training Hike: On November 25th, there will be a hike at Devil's Peak. Since the Gorge has recently had fires, it is important to find hikes for now and other places for training hikes in the spring.

Devil's Peak: November 25th, hiking for research. Since the gorge has recently taken an RKO, we need new places to hike, both now and for training hikes in the spring. Can possibly lead to a Ph.D in finding outside.

Cross Country Ski Trip: There will be a cross country ski trip to Teacup on Mt. Hood on December 9th. Julia Patridge will be leading the all ability level expedition though the soft early December powder. Sign up at the meeting!

Shnoe Shew Trip: We will make our annual snow shoe trip on the weekend of the 6th and 7th of January. **This trip is mandatory for all Post members!** It will be two fun days of snow cave building, games, and hiking while staying at the Mazama lodge. Mark your calendars!

Fundraiser

Bake Sale at Patagonia on November 26

Our next incredible bake sale will be held at the Patagonia Store at 1106 West Burnside. Can you come and help us? It will run from 10:00 a.m. to 2:00 p.m. We will need about six students. Each student will want to bake goods that can be sold for \$40 (that means maybe 40 one dollar brownies or 40 big cookies, etc), and then plan to "work" the table for one of two shifts: 10-12, or 12-2. Please check your calendars and sign up at the meeting next Monday.

Service

Who: The

What: Invasive species removal and trail maintenance extravaganza with Friends of Woods Memorial Park, Portland Parks and Rec., No Ivy League, and SOLVE

When: Saturday, November 25 from 9am-12pm.

Where: Woods Memorial Park, 9550 SW Wood Pkwy, Portland, Oregon, USA

Why: Help keep the area around Woods Creek (part of the larger Fanno Creek watershed) healthy! The area is filled with beautiful Western Red Cedars, Western Hemlock trees, Oregon Grape plants and Trilliums. However, Ivy, laurel, holly and himalayan blackberry continually threaten the health of the area. Let's get together and help to remove invasive species and stop stream bank erosion by maintaining trails! **Snacks and tools are provided** by Friends of Woods Memorial Park. SEE YOU there!

In the News

Angy Eiter Becomes First Woman to Climb 5.15b

By Tobey Schmidy, Rock and Ice Magazine

<http://rockandice.com/climbing-news/angy-eiter-becomes-first-woman-to-climb-5-15b/>

If 2017 wasn't already a historic year for climbing—especially for women—Austrian climber Angela 'Angy' Eiter broke new ground again as the first woman to climb 5.15b. Only two people have climbed at grades harder than 5.15b—Adam Ondra and Chris Sharma.

On October 22, the 31-year-old redpointed *La Planta de Shiva* (9b/5.15b) in Villanueva del Rosario, Spain. The route, which Ondra established in 2011, links a pitch 5.14b into a steep and crimpy extension to create a 45-meter endurance test-piece that's only been climbed by Ondra, on the first ascent, and Jakob Schubert, who repeated the route last year.

"I didn't really focus on a route in the 9b [5.15b] range," Eiter tells *Rock and Ice*. "However, the occasion came spontaneously."

Eiter's inspiration to attempt the route arrived when she tried and completed the easier first pitch in October last year. "On the top I realized the multiple crimps of the second pitch," Eiter says. "My husband Bernie encouraged me to check it out." She tried the upper section twice and managed to work out all of the moves, but says that on some parts she wasn't able to link more than two or three moves together.

“Jakob Schubert did the second ascent and said that sending the route had been the fight of his life,” Eiter says. “These words really intimidated me and I started to question whether I’d chosen the right route.

“I decided to focus on climbing the second part only, because the extension is hard enough. It’s certainly a lot harder than anything I’ve ever climbed before.”

In October of 2014 Eiter climbed *Hercules* (8c+/5.14c) and *Hades* (9a/5.14d) at the Götterwandl in Nassereith, Austria. Afterwards she aimed to work on a harder project, and that November, she sent *Big Hammer* (9a/5.14d) at Pinswang, Austria. The following year, she completed *Era Vella* (9a/5.14d) at Margalef, Spain. While she had three 5.14d’s under her belt before *La Planta de Shiva*, she was skipping a grade by going after a 5.15b.

During the past two years she has returned seven times to the route. When she finally linked the upper section, she “wanted to know what happens when I also add the first powerful pitch,” Eiter says. “Two days later I dared to give it a try and started from the bottom, but failed two times on the snap at the seventh quick draw.”

On that same day, Eiter made a third attempt and reached the anchor “totally exhausted.”

At home, Eiter was training in similar intensity of the route. “Joy and disappointment came along with me, as the whole process was plagued with frustration on some parts,” Eiter says, especially when two holds broke off or when she ripped her hamstring.

“I am sure that the support of my husband Bernie and my father were one key to my success,” Eiter says. “I appreciate to have them.”

Eiter retired from the competition circuit in 2013, after four World Championships in lead climbing, one shoulder surgery and 25 single World Cup victories. Now, she climbs professionally and coaches young athletes.

On her website, Eiter writes, “While I was fighting for the victory in a comp in earlier times, I am pushing myself in hard projects on the rock nowadays.”

While Eiter was charging hard for *La Planta de Shiva*, 19-year-old Margo Hayes sent the popular 5.15a, *La Rambla*, in Siurana, Spain to become the first woman to climb the grade. Only months later, Anak Verhoeven became the second with her first ascent of *Sweet Neuf* (9a+/5.15a) at Pierrot Beach, France.

“I really love it that women are powering forward, breaching barriers and pushing the limits ever upwards.” Eiter said in an interview with planetmountain.com. “It’s such an inspiration, both now and also when I look back into the past. There have been so many impressive female athletes that we can draw from, and so many new ones doing ground-breaking ascents all the time, it’s amazing.