



Upcoming Events:

-Monday May 9th: General Meeting at Lincoln High School from 7pm-9pm. Do not forget to bring your dues to Henry Gordon for those that joined before august 2010. They are \$55 but will increase to \$60 if you forget to pay at the meeting. We will have a guest EMT named Pedro at this meeting to educate us on scenarios that would require basic first aid. So, if you value your life, come to this meeting.

-Snow School May 7th: at Timberline. This is mandatory for all Post members (unless you have completed two years). Impress your mothers before Mother's Day with your mountain safety skills. Please contact Harrison Wallace to sign up or request harnesses and ice axes at: harrison-w7@comcast.net

-Columbia Gorge Conditioning Hike May 8th: Get in shape by climbing the highest peak in the gorge. You need to get two conditioning hikes done before you can climb so sign up at the general meeting. We know it is Mother's Day so only bring your mama if she is tough like Gert Boyle! Laura Laney is the leader for this one!

- Rock Gym Night May 13th: at Portland Rock Gym on 21 Northeast 12th Avenue. Will you test your luck by climbing on Friday the 13th? Despite the unfortunate date you should not worry, but enjoy an afternoon with friends! We will be climbing from 3-5pm.

-Service Project:

-Volunteering at the Audubon Society on NW Cornel Road on Sunday May 15th: From 10am-2pm. A fun day of helping out at the Portland Audubon society with a chance to see some rare birds.

-Fundraisers:

-The Post is planning to design and sell t-shirts! If you have a creative idea for a t-shirt bring it to the next meeting. These shirts will be sold at meetings soon.

-Post Lemonade Stands on May 14th: join up with other Post members that live near you to put up a lemonade stand. You can sell lemonade for as long as you want (as long as you raise \$30 per person) and bring the money you make to Annika or Siobhan. This can count as your fundraiser.

General Notices:

-Photo Contest:

The best photo-caption combo will win this month's contest. If you have any last minute submissions then send them to Paul Krums before the meeting next week. Paul will assure you that the grand prize is incredibly cool. It will be cooler than a locking carabiner at least.

-Ropes Course on May 22nd:

This will be a great chance to have some fun at Catlin Gabel's Ropes Course with Peter Green. Try out some of the higher elements with your Post friends and create bonds through cooperation and teamwork. The course will run from 10am-3pm.

-May Conditioning Hikes:

- May 15th Nesmith Point Hike: A nice hike in the woods with no scrambling and no poison oak. Leader: Mary Green

-May 21st Nesmith Point Hike. Leader: Peter Green

UPCOMING CLIMBS: Time to get ready to climb some mountains so get pumped!

May 15 Mount Hood South Side (A Climb): This classic route will take you 5000 feet from timberline to the summit. We will start in the early morning while it is still dark. The climb will get steeper and the final leg will be quite inclined but the views from the top will be unbelievable. Climbers should be in excellent condition.

May 21 St. Helens (A Climb): A nice and easy way to get your first taste of mountaineering. Does not require technical skills. Once at the top you will have a long and enjoyable glissade down.

May 21 Leuthold Couloir: Because this is a B climb you must have completed two A climbs extended before attempting it. This has some steep snow work but opens up spectacular views of Reid glacier and inspiring views of Yokum Ridge.

May 28-29 Leuthold Couloir

June 11-12 St. Helens(A) with Mary Green and Mt. Elinor (A) and Washington (A) with Peter Joy. Elinor is a really good climb for beginners with a beautifully defined summit.

June 25-26 S. Sister (A) with Seth. A non technical climb with great rewards.

Intriguing News and Info in the Climbing World:

- 1) Swiss Alpinist Dani Arnold beat the speed record for Eiger. He set an impressive two hour and 28 minute time. To read more check out this link: http://www.climbing.com/news/hotflashes/swiss_climber_breaks_eiger_speed_record/
- 2) A quick reminder to be wary when using daisy chains in aid climbing. Never use daisy chains for anchors because well... it will break! Check this video out: <http://vimeo.com/14679471>

