

Explorer Post Newsletter

June 2011-Volume 18-Issue-6



Upcoming Events:

-Monday June 13th: General Meeting at Lincoln High

School from 7pm-9pm. This meeting we will be learning how to prusik so bring your harness and a locking carabineer. We will also be starting off our new photo contest with the theme of majesty so get out there and start taking photos! Maybe you can use the royal wedding for inspiration.

- Rock Gym Night June 15th: at Portland Rock Gym on 21 Northeast 12th Avenue. Do you need a break from finals? Or maybe you are already enjoying summer! Either way come down and climb with friends. We will be climbing from 3-5pm.

-Fundraisers:

The new Post t-shirts will be sold at the next general meeting for \$15. This awesome design created by Bo Knoblauch comes in Paprika, sky blue, and a light kelly green. Do not miss your chance to wear this stylish piece of apparel.



June 18th: Sell baked goods (plus lemonade) in the sun @ the REI in the pearl.

-Service Project:

June 14th: collecting food for the Blanchet House from 1-4. We will meet at Ainsworth Elementary and ask for delicious donations around Vista.

NOTICES:

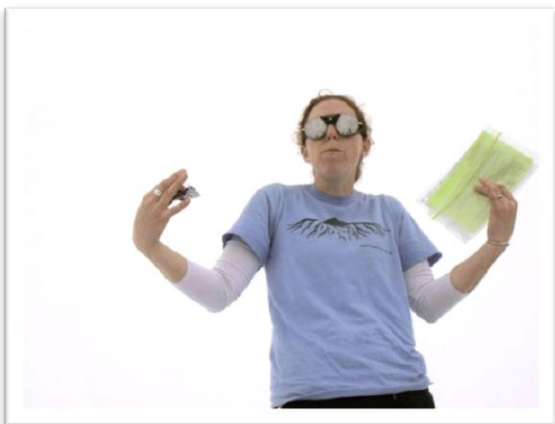
-Buy a brand new 7th edition Freedom of the Hills at the next meeting for \$10 (\$30 at REI). This book is an essential mountaineering guide that will provide an easy reference to all your questions. You will want this if you intend to study up on a multitude of key Post skills.

-Mail in Canada forms and checks to Peter Green ASAP if you are signed up for the trip

Trip Reports:

St. Helens Trip Report By Genevieve Gideonse

On May 21st, our group met at 7am at the Lovejoy lot to drive up to Mt. Hood. We had a nice big group for the day, led by Laura, Tracey and Richard, with a lot of new Postees and first-time climbers. After a long drive and a stop in Cougar WA for climbing permits, we started our climb



in cold wet weather. Soon enough, it warmed up and everyone was in T-shirts; and nobody ever broke out the crampons, as the snow was super slushy. On the way up, we saw a lot of other groups who were already on their way down, all of whom had decided to head back rather than summiting in such low visibility. Everyone was feeling good, and we decided to continue at a slow and steady pace. Miraculously, the clouds broke right near the peak, lending all of us some optimism (and a few sunburns) in the last half-hour. Since it was

such a foggy day, there were a lot of false summits, and we ended up reaching the top quite behind schedule – only one hour before our turnaround time. Luckily, hightailing it on the way down was easy, thanks to some great glissading, and we ended up coming home to Portland around 9:20, just over an hour late.

Hood Trip Report By Brandon Wilson

On Friday the 21st we met up at the Gateway park and ride at 11pm. After waiting around for about 45 minutes everyone was there... Except for Ian. After a quick call with a frantic response saying that he thought the climb was meeting the next night we drove over to his house in NE Portland to pick him up. From there we made our way to Timberline lodge. We pulled up to the Lodge at about 1:30AM. With rain beating down on us and the mountain covered in darkness we made our way up to the top of palmer. As day began to break it became obvious that we would not be able to see the mountain that day. As we arrived at the top of palmer with our rain jackets frozen from the now freezing temperatures we couldn't see anything because of the whiteout. It was there we made the decision to descend. On our way down we tried to sled using shovels, but that proved fruitless in the fresh snow. At the bottom we all passed out in the Wy'East lodge while waiting for our ride to come up. We then drove down back to the gateway park and ride. Although we wished we could have reached the summit, we knew that turning back was the right choice.

Wallowas Trip Report by Grant Phillips

On May 28th-30th the Leadership course had its graduating climb in the Wallowas. We met at 5am on Saturday, hopped into two big cars and headed to the northeastern tip of Oregon. Eventually we found ourselves at the base of some towering mountains that shot up into the clouds. We jumped out of our cars and got all of our gear that we would need for the next day stuffed into our backpacks. We proceeded to climb into small gondolas in pairs of two. After appreciating the view on our way up we headed out for a four mile trek to our base camp. Relatively sunny we kept on until we reached the summit of East Peak, which at 9387 feet high makes it the 19th highest peak in the state. Having done this with packs full of gear in white out conditions we were tired but still positive and optimistic. We had intended to travel down off the other side of East Peak but at the top we were buffeted by wind and snow and a thick fog moved in. Afraid of avalanche dangers in the direction of our camp we decided to go back the way we came. Eventually we made it off the peak and found a quiet spot amongst some trees for camp. Setting up camp we happily rested our shoulders and eventually our legs. After our rehydrated dinners we all climbed into tents and slept, hoping that the next day would bring better visibility and more opportunities for climbing. Unfortunately that was not the case. Because of the poor conditions we hiked out and decided to head for warmer weather. We found ourselves alongside the Grand Ronde River in Washington. Some of us sat in the sun while others took a quick hike in the surrounding hills. That night we talked about the culmination of our leadership course. We did some leadership exercises and then crept back into our tents. The next morning we packed into the cars again and headed for home. The leadership graduation may not have gone as planned but nobody in the course will forget the exciting and enjoyable weekend that regretfully marked the end of the leadership course.

Upcoming Climbs

June 11-12 : St Helens (A) with Mary Green and Gordon

June 11-12 : Mt Elinor and Washington (A) with Peter Joy and Suzanne

June 25-26 : S. Sister (A) with Seth and Tracy

July 9-10 : Middle Sister (B) with Steve Levine B Mary Green



Climbing Mount Saint Helens.

EXCITING CLIMBING NEWS:

Here is some great news about Jes Meiris who has participated in past post trips!

Nose in a Day Slideshow Event

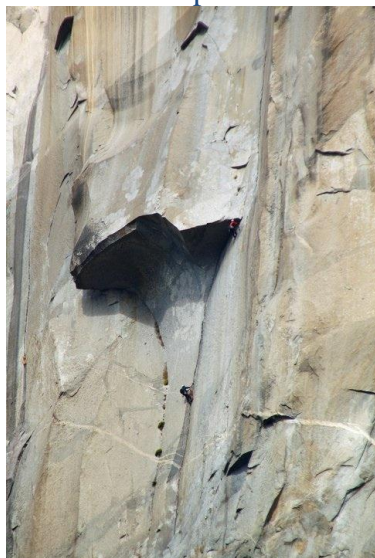
Join us for a special slideshow by Colorado-based climbing guide Jes Meiris, who made a single-day ascent of The Nose on El Capitan in Yosemite Valley with her partner Buster Jesik. Jes lived, climbed, and guided in Portland for five years and is excited to share this adventure with the community! The presentation includes historical information about the first ascent of The Nose over fifty years ago, with photos from that groundbreaking time in climbing history. She brings the story forward to the present, and shares personal photos and stories from their own epic ascent last October.

Wednesday June 15

Rogue Brewery, 1339 NW Flanders

open 6:30 pm, show at 7:00

Here are some photos:



Can you find the climber?



Looks like fun!