

# Explorer Post Newsletter

April 2011

Volume 18

Issue 4



## Upcoming Events:

**-Monday April 11th: General Meeting at Lincoln High School from 7pm-9pm.** Do not forget to bring your dues to Henry Gordon for those that joined before August 2010. They are \$50 but will increase to \$55 if you forget to pay at the meeting. During this meeting we will be reviewing the important skill of packing/preparing your bags for trips! There will also be copies of Freedom of the Hills being sold at this meeting for \$10. This book, of \$30 dollar value, is essential for mountaineers seeking to learn the basic techniques required by the Post.

**- Rock Gym Night April 24<sup>th</sup>:** at Portland Rock Gym on 21 Northeast 12th Avenue. This fun chance to practice some climbing should not be missed. We will be climbing from 3-5pm.

**-Bachelor Ski Trip April 15<sup>th</sup>-17<sup>th</sup>:** Those of you that have signed up need to pay \$40 to Henry Gordon. Some people have already paid \$10 so make sure to give him a total of \$40. Make the check out to the Explorer Post. The cost does not include lift tickets.

**-Snow School May 7<sup>th</sup>:** at Timberline. This is mandatory for all Post members (unless you have completed two years). It will be a fun day to be up on the mountain and learn some vital mountaineering skills. Mark it on your calendar!

**Due to the fact that a large part of the post has not completed their required service project and fundraiser there will be two of each to choose from this month! You will NOT be able to climb if you do not fulfill these requirements**

**-Service Projects:**

-April 16<sup>th</sup> Portland Bagby: From 2-6pm Pull Ivy and protect Oregon's native plants from harm! Then top this day of service with a nice bubbling hot tub at Talbot's House.

-April 17<sup>th</sup> Transition Projects: Prep and serve food at the Transition Projects, the largest provider of care and shelter for homeless single adults in Portland!

**-Fundraisers:**

-The Post is planning to design and sell t-shirts! If you have a creative idea for a t-shirt bring it to the next meeting. Selling these shirts to friends will also count towards fundraising.

-April 16<sup>th</sup> REI Bake Sale: From 10am-2pm have fun interacting with the morning REI crowd by selling them your delicious baked goods.

-April 26<sup>th</sup> T-Shirt Selling: at the Banff Film Festival: Sell our t-shirts at a festival honoring the world's best mountain films.

**CONDITIONING HIKES: two of these are also required for the mountain climbs, which are coming up.**

**April 17-Sunday Table Mountain:** One of the tallest and most distinct landmarks in the Columbia River Gorge. No people, secluded Gain the most elevation of any conditioning hikes. Pacific crest trail. Rock scramble good views Challenging and rewarding.

**April 23-Saturday Ruckle Ridge:** A Gorge favorite. This requires some scrambling. You should also look out for poison oak on this challenging hike that goes above the famous Eagle Creek hike.

**April 30 to May 1 Ruckle Ridge/Larch Mt:** Larch Mountain is a longer peaceful hike in the woods

**May 8-Sunday Mount Defiance:** This one is a challenge and might just defy you. Can you take on the highest mountain in the gorge? It has been know to be quite bad for Peter's knees.

**May 15-Sunday Nesmith Point:** This hike in the woods has no scrambling and no poison oak but lots of variety- old forests and wonderful streams.

**May 22-Sunday Nesmith Point**

**June 4-Saturday Dog Mountain:** moderate hike with incredible wildflowers and beautiful view.

## **UPCOMING CLIMBS:** Time to get ready to climb some mountains so get pumped!

**May 15 Mount Hood South Side (A Climb):** This classic route will take you 5000 feet from timberline to the summit. We will start in the early morning while it is still dark. The climb will get steeper and the final leg will be quite inclined but the views from the top will be unbelievable. Climbers should be in excellent condition.

**May 21 St. Helens (A Climb):** A nice and easy way to get your first taste of mountaineering. Does not require technical skills. Once at the top you will have a long and enjoyable glissade down.

**May 21 Leuthold Couloir:** Because this is a B climb you must have completed two A climbs extended before attempting it. This has some steep snow work but opens up spectacular views of Reid glacier and inspiring views of Yokum Ridge.

**May 28-29 Leuthold Couloir**

## **How to get pumped for climbing? Watch some awesome films!**

### **The top 5 classic climbing films**

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"Unlike traditional sports like hockey or football, climbing's big moments aren't televised. There's no network that broadcasts first ascents or hard free solos as they happen. Instead, climbing filmmakers fill that role. They follow athletes into some of the world's deepest corners and crevices to capture the sport's progression on tape. Over the years, climbing films have evolved from crude home videos to visually slick documentaries. Here are my picks for five classics that set the standards." <https://admin.alpineclubofcanada.ca/link/to/3847-7275-170-02>  
<<https://admin.alpineclubofcanada.ca/link/to/3847-7275-170-02>>

## 2011 Trip Schedule

DATE	PEAK	Climb grade	LEADER	ASS'T	ADULTS
March 12-13	Snowcave overnite		Richard and Peter Joy		
March 19-27	Spring Break Trip: Red Rocks	13 kids	Tom Benton		Peter G., Gordon, Tracey Seth, Josiah,
April 1-2-3	Peterson Prairie ski		Tracey		
April 9-10	Smith Rock and Rock School		Tom	Dave, Charlie, Gordon	Jessica
April 30-May 1	Overnight hike		Eric Shockley		
May 7	Snow School: Mt. Hood		Dave	Gordon, Richard	Seth? Ldrship students
May 15	Mt. Hood	A	Steve Levine	Eric Shockley	Mary Green
May 21	St. Hellions	A	Laura Laney	Richard, Tracey	12 permits
May 21	Mt. hood –Leuthold couloir	B	Peter Joy		
May 22	Ropes Course		Peter Green	Laura	
May 28-30	Wallowas- Ldership Course	C	Peter Green	Mary Green	
May 28-29	Mt. Hood- Leuthold	C	Seth	Charlie	Gordon
June 11-12	St. Helens	A	Mary Green	Gordon	8 permits
June 11-12	Mt. Elinor- & Washington	A	Peter Joy	Suzanne	8 students
June 25-26	S. Sister	A	Seth	Tracey	
July 9-10	Middle Sister	B	Steve Levine	Mary Green	Eric Shockley
July 16-31	Canada Trip	C	Peter Green	Laura Laney	David Zonana Scott Anderson
July 16-17	Survival overnite		Richard	Seth	Suzanne
July 19-20	Colchuck Peak	B	Seth	David Zonana	
August 13-14	Mt. Adams	A	Seth	Mary Green	
October	Mt. Washington	B	Tom Benton		

