

# The Post Returns to the Snow

Next general meeting:  
**January 10th**  
Multnomah Arts Center  
7688SW Capitol Hwy  
**7:00 pm sharp!**



Winter blues got you down? Fear not! The Post's annual snow cave trip is right around the corner! Get ready for a day of fun snowy activities, smiles and laughs, and the exhilarating task of building snow caves! Due to regulations, this year's snow cave trip will only be a day-trip, but don't worry, the day will still be packed full of fun and life-long memories. A special part of this trip is that it is combined with both chapters of the Post, and the perfect opportunity to meet some of the fantastic people in Chapter 2! We will be meeting in the snow park adjacent to the ODOT parking lot in Government Camp - students will be responsible for their own transportation. Carpooling is highly encouraged and we will make sure everyone has a ride beforehand! Check your email often for updates regarding time, meeting location, and plans for the day - mark your calendars: **January 15th 2022!**

**"Snow cave? More like snow bae-ve."**

- Claire Powell

Postee from 2017-2021

**"Building snow caves with The Post may have been the single greatest experience of my life. I would live in a snow cave if I could."**

- Sylvie Johnson

Postee from 2017-2021

**"The snow cave trip was such an amazing time! Not only do you get to explore caves, but it is also a great trip to get to know and make friends with other posties. Crawling on your hands and knees through the caves is such an adventure. This is a great intro to spelunking. If you aren't motivated yet to go on the snow cave trip I hope you caved (get it!). Have fun!"**

- Caleb Jacobson

Former Postee, Current Advisor

**"I consider building snow caves with the Post a 10/10 experience, but the snowball fights that happen during the process are an 11/10 experience!"**

- Dublin Gingerich

5th year Postee

# UPCOMING EVENTS!

## Upcoming Dates

**January 10th** - General Meeting - Annual Dues!

**January 15th** - SNOW CAVE TRIP

**January 16th** - Snow Tubing with Foster Youth

**January 23rd** - Bake Sale at PrAna

**January 28th** - Climb Night at PRG

**January 29th** - Zoo Service Project

## Service Project

"I did the service project last month, and it was one of the most rewarding and fun experiences of 2021. I'll definitely be there next month!"

Service projects are great opportunities to give back to our communities and spend time with other Postees! This month's service project is extra special. It will be clearing the train tracks of the zoo train at the Oregon Zoo to get it back in working order! You won't want to miss this!

It is taking place on **January 29th** at the **Oregon Zoo**. Make sure to sign up for the January service project at the general meeting on January 10th.

## Outreach Events

"Outreach hikes are a super awesome way to connect with people and go for a hike in the Portland area! You will meet at the trailhead with some other postees and people from the organization we are partnering with. We partner with organizations including Vive Nw, Urban Nature Partners, Youth in Foster Care and Betties 360! The hikes are super fun and you get to talk to people from the organizations and make new friends with the other postees. It is a great way to get into the outdoors and to give back a little to the outdoors as well! I encourage all of you to come out and participate in outreach hikes in the future!"

- Jilly Scott-Lewis, Outreach Coordinator

## Dues

It's that time of the year... time to pay your annual dues! All members who joined the Post before October 2021 should bring a check made out to Post 58 for **\$295** to this month's general meeting (01/10). The best part is that dues have not increased this year even though everything else in the world is going up in cost, so really, you're getting a deal (this is thanks to our excellent fundraising this year)! And remember, starting at 9:01pm after the general meeting, dues will increase monthly by \$10 for anyone who has not yet turned them in - so don't forget to bring them on **January 10th!**



## Bake Sale

"This bake sale exceeded my expectations, and was surprisingly enjoyable. It was fun to meet new people and put smiles on peoples faces."

- Jacob Berg, 4th year Postee  
Bake sales are one of the most important aspects of the Post. They raise money for financial aid, helping make trips accessible for all, so it is important that

Postees sign up and help out! You will have the chance to partake in a Post bake sale on **January 23rd at PrAna on NW 23rd**. Sign up for this event at the general meeting - get excited!



## Climb Night

"Last climb night was great, I met so many new people and got to catch up with friends I made on previous trips. Very excited for the next climb night."

- Everett Berry, 4th year Postee

January's climb night is happening on **January 28th!** Show up at 7pm at **Portland Rock Gym** (21 NE 12th Ave). Any experience level is welcomed, bring gear if you have it, but if you don't, no worries! You can rent a harness and rock shoes for a few extra dollars. This is the perfect place to brush up on your climbing skills, reconnect with others, and meet new friends in the Post! There will be signups for this at the general meeting!



# MOUNTAINEERS OF THE MONTH

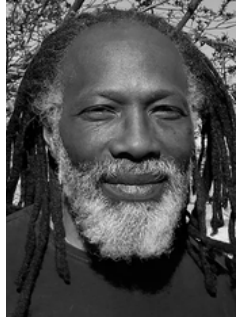
By Margot Nile

check out their website!



## Full Circle Everest

*The First All-Black American Climbing Team to Attempt Everest*



Phil Henderson



Fred Campbell



Manoah Ainuu



James "KG" Kagami

Around 6,000 people have reached the summit of the highest mountain on Earth, yet only around 10 of those climbers have been Black individuals. In 2022, the Full Circle Everest team will be the first all-Black climbing team to attempt Mt. Everest - an expedition that if successful - would nearly double the number of Black people to reach the highest point on Earth. This is a clear display of the disproportionate representation that people of color face in the outdoors.

This expedition is not only about summiting Everest, but about changing the narrative surrounding mountaineering and the outdoor community. As team member Eddie Taylor says, "If you can show that we can go do this, this is at a high level, someone else can say, 'I can go outside. I can go camping. I belong in the mountains. I belong outside climbing.'" The other members of the team feel the same way - this is just as much about inspiring others through their experience as the experience itself.

Everest expeditions such as this one contain many difficult components - leaving family and friends for months, finding financial support, as well as the grueling physical component of training and scaling the 29,029 foot mountain. Team Full Circle has added pressures - fighting for inclusion and trying to show people of color that there is a place for them in the outdoor community and high-altitude mountaineering.

The team is made up of 11 climbers and a 3 person film crew, all from different backgrounds. From a high school chemistry teacher, to a rock gym owner, to a NOLS field instructor, the team is rich with both life and climbing experience. With Phil Henderson, NOLS guide and mountaineering veteran of over 3 decades, as the expedition leader, the team will head to the Himalayas in the spring of 2022. Currently, the team is training together for the 70 day expedition, as well as tackling the difficult task of finding financial sponsors to fund their historic embarkation on the tallest mountain on Earth. Fundraising has been challenging, but sponsors are coming into place and they have recently placed deposits for their trip. Help and support of Team Full Circle is critical to making this expedition happen. Keeping up to date on the progress, donating funds, and getting to know the individuals of the team are all meaningful and important means of support, to help Full Circle Everest make immense change in the outdoor community.



Adina Scott



Evan Green



Thomas Moore



Eddie Taylor



Rosemary Saal



Demond "Dom" Mullins



Abby Dione

# XC SKIING

## TRIP REPORTS

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"I was on the cross country ski trip that happened December 22nd. It was a lot of fun. For some of us it was the first or second trip with Post - myself included. We went over six miles to Trillium Lake and it was a very good learning experience for all of us. One of my favorite parts of this trip was seeing all the little cabins near the lakes. They were very small and very cute. Aside from a big hill at the beginning the skiing wasn't too difficult and I think everyone had a good time."



- Gordon Nile, 1st year Postee

"After an epic disaster of cross country skiing embarrassment, we made it down a twisty, steep hill at the beginning of the trail. It eventually flattened out and it was a beautiful day that started to snow after lunch with a beautiful view of Trillium Lake."

- Sadie Siegel-Wilson, 1st year Postee



"We had a great time skiing at trillium lake. After arriving to the trail we quickly learned that stopping and turning on cross country skis is slightly more difficult than we had originally thought. As a group we definitely got well aquatinted with being face down in the snow, so once we got to the lake we were all very grateful to enjoy some warm hot chocolate provided by Carlo. Overall it was a great time and I really enjoyed getting to meet some new postees."

- Jack Sackman, 4th year Postee



Jack Sackman tackling a snowperson

# POST WRAPPED

## In 2021, The Post...



Hiked enough miles to reach the moon and back.

Set a record for most Subaru Outbacks parked in one parking lot.



Pulled so much ivy that the federal government has labeled it an endangered species.

Consumed more SPAM than any other organization on the planet.



Won the Oscar for "Most Outstanding Trip Reports".



Helped their neighbors prepare for the apocalypse by stocking their freezers with pie.



Baked enough cookies to feed the entire Icelandic Army.



Listened to a combined 8,760 hours of music by The Lumineers.

Created a hammock stack taller than The Hawthorne Bridge.



## 2022 RESOLUTIONS

To go down double blacks without freaking out

Sophia Berkshire

Emily Powell

To get more sleep

Margot Nile

To learn how to knit

Sophie Jacqmotte-Parks

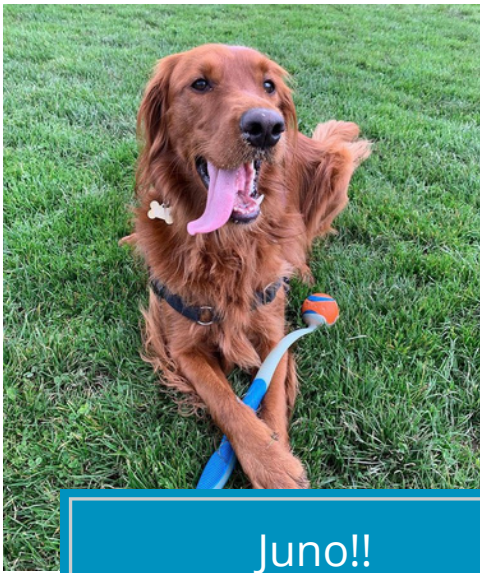
To ride a jumpline at Whistler

Ava Lorenz

To get a Private Pilot's liscence

To read every day

Lia Godino



Juno!!  
(@juno\_adventuredog)



Changa



Mellie

# Postee Pets

Duncan



Coco and Mocha



Frank and Crispin

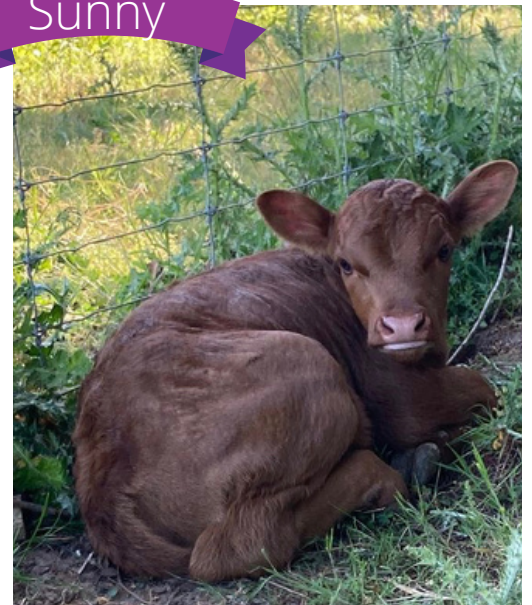


Sunny



Quadra

Zig zag



# POST WORD SEARCH

O A S B B V B T Y O C R S Z L  
Z K R B K V U S Z V X J N K C  
I C N T R I Y B X K X R O B F  
S N O W C A V E T R I P W G B  
S P U L W O J R N L F K S N E  
H V I R U I N F C O P I H I K  
X R Q F G F K T H Y L D O B Z  
L T R J M E S B E D O C E U Q  
S N E L E H T S Z S N Z N T G  
Z A Q G F P T X V M T P C W U  
Z H M I V D Q J X P K D U O U  
S P I D D G R Q W Q K K X N F  
M T E G S N G O R I L Q P S H  
T V L W U U F J S O K M L Q F  
O A W D D F Z N M N V K J H M

1. The exciting excursion happening on January 15th (12 letters).
2. A competition between Postees to design new Post 58 merch (10 letters).
3. This winter, David O'Connor will be leading a climb up this mountain (8 letters).
4. The number of fundraisers and service projects Postees will need to complete in 2022 (3 letters).
5. Postees will join foster youth in this fun activity on January 16th (10 letters).
6. The two main types of winter trips offered by the Post (3 letters & 8 letters).

## POST PUNS

Q: What is corn's favorite holiday?  
A: New Ear's Eve

Q: Where did the chef celebrate New Year's?  
A: Thyme's Square

Q: What did the bull say on January 1st?  
A: Happy New Steer!

Q: What was the caterpillar's New Year's resolution?  
A: To turn over a new leaf

Q: What does the little Champagne bottle call his father?  
A: Pop!

## JANUARY PLAYLIST



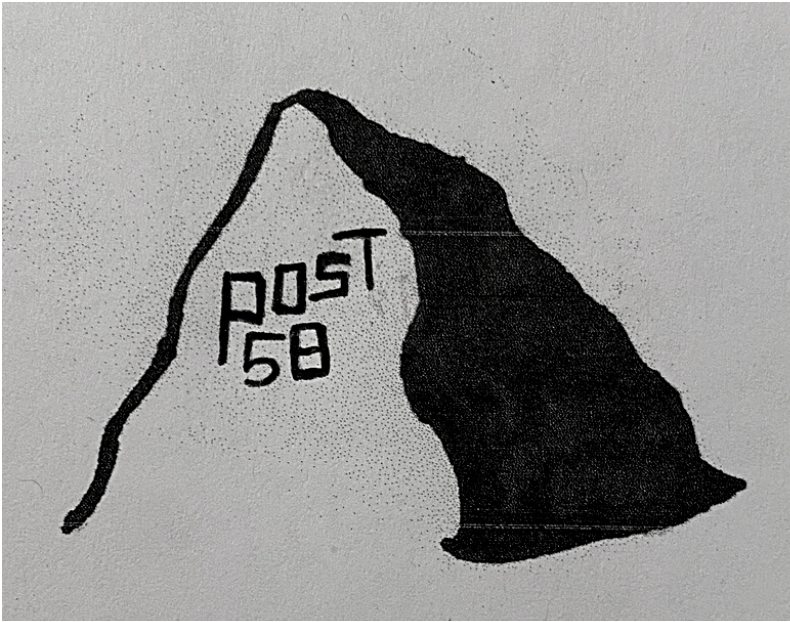
Scan this code on Spotify or visit <https://spoti.fi/3HsS4k9> to listen to the Post playlist of the month!!



# ART CONTEST

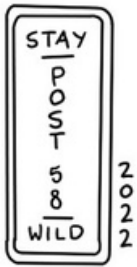
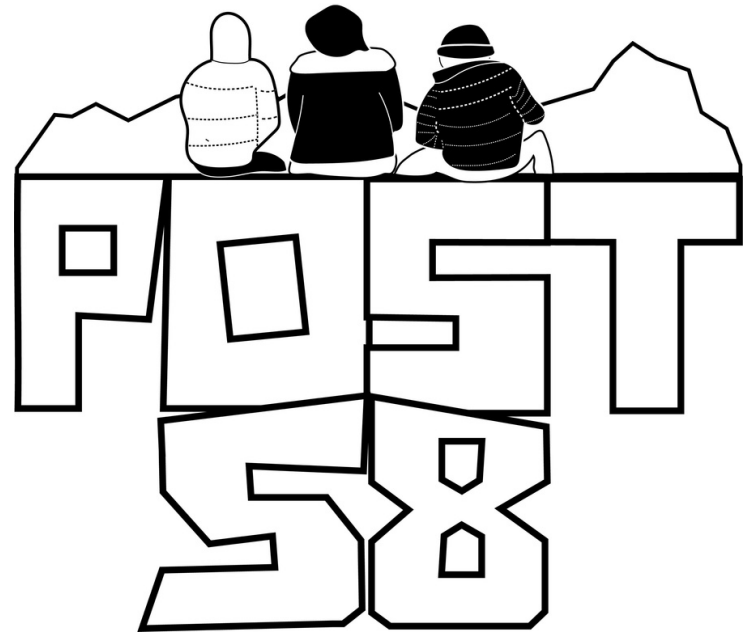
## SUBMISSIONS

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Here are the submissions for the Post 58 art contest...

Look over these designs carefully - you will be voting on a winner to be put on Post merch at the upcoming general meeting!



Thank you to the awesome Postees that submitted art for the art contest!