

AUGUST AND SEPTEMBER, 2021 | ESJA, AILA, CAIDEN, ALLISON

# POST 58 NEWSLETTER CHAPTER 2

Make sure to come to the September 20th General Meeting for elections and to meet the new steering committee and elect a new President! The meeting will be held in the courtyard on the east side of the school (closest to Salmon Street and 14th Avenue).

**General Meeting September 20th  
6:30 at Lincoln High School**

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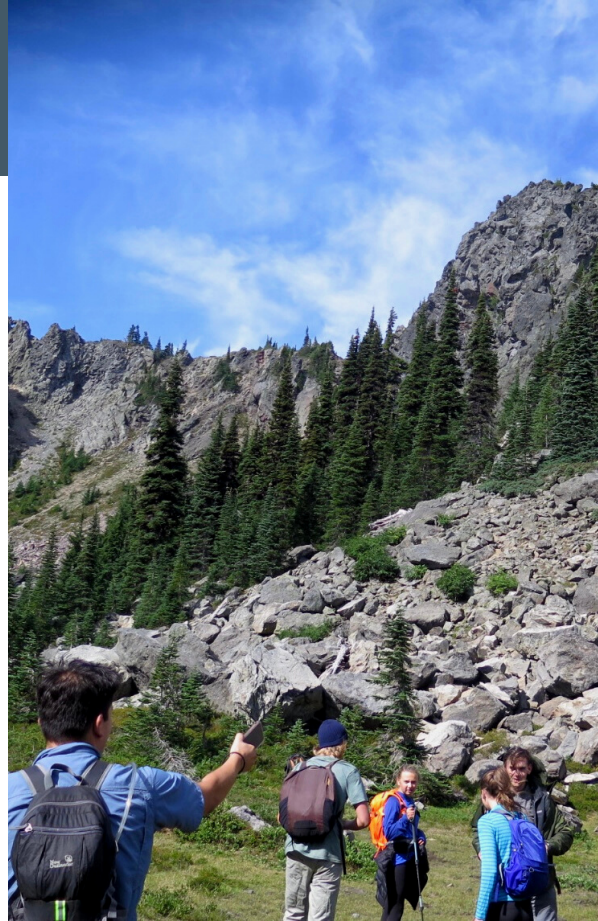


# August and September Trip reports

## Indian Heaven Backpacking

BY CAIDEN SEARCY

Hiking through the Gifford Pinchot was a classic Pacific Northwest hiking experience. From incredible lakes to gorgeous views of Mt. Adams and Mt. Rainier, it was easily one of the best hikes of the summer. We started off early Monday morning for a relaxed four miles up to our camp at Lake Wapiki, and although chilly at first we soon warmed up. When we arrived we were pleasantly surprised at the lack of mosquitoes, and immediately found an ideal campsite on a peninsula by the lake. We relaxed and played games in a meadow until dinner. The following day we decided to do a six-mile hike to Deep Lake. Along the way we saw amazing views of the surrounding mountains, taking a small detour to climb partway up Lemai Rock. We returned to camp in the early afternoon for a quick swim in the lake followed by a nap in the sun. The next day we hiked out and finished the trip with huckleberry shakes and lunch in Trout Lake.



## Mt Adams Backpacking

BY ALLISON CORCORAN

The Mt. Adams backpacking trip was spectacular. Our group started hiking around 10 a.m. We hiked for three miles through the forest and emerged onto the Pacific Crest Trail. We followed that through some meadows and sparse trees, then stopped for lunch, and shortly afterward turned off the trail to find a campsite. Our advisor, Dave, directed us to a gorgeous and secluded campsite about half a mile above the trail. After setting up camp, some of us went farther up to explore the foothills around the camp. Some people ended up close enough to touch the very foot of the Mt. Adams glacier! After a full day, we watched the sun set over the distant mountains.

The next day, we packed up for a 7-mile hike to High Camp. We hiked along the PCT for a few miles, stopping to chat with thru-hikers heading to Canada(!) along the way. After stopping for a snack, we turned onto a new trail, and followed it up above the tree line, to high camp. There were some steep parts along the way, and we were all glad we had brought hiking poles. We enjoyed a relaxing lunch with a beautiful view, we hiked back to our campsite, for a lazy afternoon. We read, took naps, played cards, and even saw some mountain goats!

On the last morning, we hiked back down to the trailhead and quickly got in the van to avoid the hordes of bugs. We finished off the trip by stopping for lunch (and delicious huckleberry milkshakes!) in Trout Lake.

# Idaho Trip

BY CHARLIE BAXTER

Scan here to view  
Alex Kowalik's  
video from the trip



On a cool morning, a group of Postees set out toward their destination deep into the Sawtooths of Central Idaho. They carried day packs with their lunch, extra water, and basic light gear toward a Barron Lake, where they would make camp for the entirety of the trip. They were divided into two groups of 11 people each. These students were about to embark on the adventure of a lifetime.

I woke up at the bright old time of 6 a.m. to start my first full day on the trip. We attempted “Old Monte Verita” and after about 2.5 hours of scrambling time, we summited. We all thought it was a great view and decided to eat lunch at the summit, some more affected than others by the swarm of ants mating at the peak. On the way down, we worked on some basic rappelling skills that we would use later in the trip. We came back to camp and played games and hung out for the rest of the day. While making dinner we realized something very alarming: though the horse packers had brought up the rest of our food, our fuel was nowhere to be found. After scouring the camp, we realized that it could be a major issue. Nevertheless, we attempted and summited our second peak, discovering a freshwater spring on the way down.

The next day was full of activities all somewhat related to climbing. We were having a blast until we looked up and saw a cluster of dark clouds looming over us. I think we might have broken the record for how fast a group can put up four huge tarps. Right as we finished, we heard the heroic clanging of Tim and Dylan, who had gone to retrieve more fuel from the horse packers. They came just in time to enjoy huddling under the tarps as the rain poured down.

The next day we worked on climbing on fixed lines and after summiting our first peak, we looked toward another one we thought would be really fun. It had some 5th class climbing. The second climb was a majority of the group’s highlights over the entire trip, and even better, there weren’t any flying ants at the summit! The following days, we climbed another gorgeous granite peak, and all took part in an exhilarating relay race. We were shocked to realize it was already our last day at camp, so we decided to go out with a bang, climbing a mountain with a 360-degree view of the area at the summit, rappelling down a practically vertical rock face, and hiking back to our camp in the pouring rain.

We all felt super lucky to have been on the trip, and after packing up we were all a little sad to leave our camp. Luckily we all still have amazing memories of this experience.



# Meet this year's Chapter 2 Presidential candidates!

Read on to meet Alex and Dominic, two highly qualified candidates for Chapter 2 President. We will hear more from them during the elections, but these written statements can give you a preliminary idea of who you will vote for at the general meeting.

## Alex Kowalik

My name is Alex, and I'm running for President this year. Ever since I saw Marcell Simon (a previous Post President) speak at the new member meeting where I was a new member, I was inspired by how he was able to speak so confidently and was so proud of the group he was a part of and was now the head of. Over the years I've been in the Post, I've been able to witness many great Presidents lead the Post and provide their own personal touch in the way it runs, and make the community stronger with each presidency. Seeing how excellent those people were made thinking about the job a little intimidating. I would be standing up in front of the whole chapter every meeting, and besides that, there's so much responsibility placed on me in so many other ways. Watching all these amazing people lead the Post seemed like something so far beyond me, but as I've grown over my three years in the Post, I now feel not only prepared but excited at the idea of taking on those responsibilities and hopefully being someone that others can look up to and be inspired by in the same way I was. As President, I want to be a part of the Post in the same outstanding way all the Presidents before me were. I have learned so many skills throughout my years here that I feel confident in my ability to work alongside the steering committee to continue all the great things the Post has been doing, and provide leadership to all members of the Post. I will bring the passion and enthusiasm that I have for the Post to leading meetings and doing all the behind-the-scenes work that I will do as President. Thank you for taking the time to read this.



## Dominic D'ascenzo

Hello Postees! I am so happy that I get the chance to apply myself for the role of Post President. I just want to preface this article by saying that I am so fortunate to be running against one of my great Post friends, Alex Kowalik. I met him when I joined the Post in my freshman year and have been friends since. In freshman year, I was a shy little boy who didn't have many friends and knew literally no one in the Post. I am forever grateful for the opportunities that the Post has given me. By nominating me for the steering committee after my first year, I have noticed changes in myself that I never thought could happen. I slowly, over the course of three years, have gone from this sheepish person to a more confident and outgoing person. From being a newsletter editor and learning how to manage both a schedule and my time to being an Outings Coordinator and planning trips, sending invoices, and running Field Day, I have held the Post close to my heart. I noticed how I felt like just a more mature person in general because of my experiences in the Post. I remember a time on the Post Leadership Course (which you should most definitely look into) where we talked about public speaking. I had always been hesitant around even the idea of public speaking, but after this course, I noticed that I have confidence in myself that I never knew I had. Thank you all for listening, and I look forward to another great year in the Post!

# Upcoming Events

## September Bake Sale

Our next Bake Sale will be on September 18th from 11-5 outside of Prana on NW 23rd! See below for more info on signing up. As always, if you can't make it for a full shift we'd love to see you all there to buy some delicious treats of drop off goods for us to sell!

Here are a few things to keep in mind while making baked goods to bring:

- Please wear a mask while preparing treats.
- Wrap the treats individually or in small bundles.
- If you sign up for a bake sale, please bring around \$50 worth of treats and a little sign promoting your treat. If you are just swinging by to drop off some baked goods, we appreciate any amount!

Additionally, bake sales are an amazing way to complete your fundraising requirements if you have not done so yet. For more information and to sign up, check for a recent email from Gaby Kennedy, or go straight to the signup sheet via the QR code below.



Scan here  
to sign up



## New Member Meeting

There will be a new member meeting at the Multnomah Arts Center from 7:00 to 8:30 on October 25th. It will be in the undercover area on the west side of the building; the address is 7688 SW Capitol Highway. This meeting is a great way for prospective Post students and their families to get info about the Post, meet current students, and get psyched about the outdoors. The new member meeting is required for anyone wishing to apply. This year the Post is seeking 9th, 10th & 11th graders from underrepresented schools.

## Climb Night

Climb nights are a wonderful way to meet your fellow Postees, enhance your climbing skills for upcoming trips, and have a great time overall!

Climb nights are a ton of fun, no matter what level of climbing experience you have!

Find more information and signups at our monthly general meetings!

## Leadership Course

The Leadership Course had been considered the pinnacle of Post 58 learning by many a Post student. This course is designed to be an intensive student-centered course that focuses on each student building self-awareness, self-understanding, critical thinking, and good public speaking skills. The leadership course prepares students for all aspects of leadership, from the wilderness to school, and to life beyond. The 5-month course includes monthly weekend retreats and culminates in a final group climb.

Signups and additional information will be found at the general meeting!

## Leading on Rock

Leading on Rock is a 2-day course where you learn about leading, protection, and anchors. Spend two days in the field with amazingly knowledgeable advisors who will cover everything there is to know about sport and trad climbing. You will learn to build a variety of anchors, clip quickdraws, and place secure gear. When you leave, you will be cleared to lead on future Post trips, from French's Dome to Smith Rock and beyond. This course is open to students who have experience climbing outdoors and are comfortable with top roping.

Come to the September 20th meeting for more information and signups!

## Join the Equity Team!

Established in the fall of 2020, the Post 58 Equity Team meets once a month to discuss, learn, and create projects and activities about issues relating to diversity, equity, and inclusion in the Post. We are also working to further educate ourselves on social justice and systemic oppression. Taking what we learn and using it to enhance the diversity of Post membership and to create a more equitable and inclusive community! We work with the outreach program, both steering committees, a wonderful group of advisors, and members from both chapters. Hopefully you've already had a chance to see our work in action at General Meetings or on trips through the land acknowledgments.

Whether you are new to the Post, or have been a member for several years, maybe you've heard about the Equity Team and have wanted to get involved, or if you are passionate about equity-related work (or would like to become more involved in such work), this is for you! You don't need to have any experience, you just have to be open to learning. Meetings are a very friendly environment where we bounce ideas off each other, work on projects, and bring many new ideas to fruition. Any and all of you are welcome, and we'd love to have you and your ideas join us.

If you have any questions about the group or want to join, please email me (Lindsay Foxwell; [lfoxwell530@gmail.com](mailto:lfoxwell530@gmail.com))!